

my sail training

It felt scary at first but then it felt better after a few weeks because I had Flo with me.

I was not very good at the start. One week I went to sit in my Oppie and it was really windy, suddenly a big gust of wind came and it made my boom hit my head really hard. So I went inside for a cup of tea ,but the tea burnt my tongue ,so Dad gave me a hug and I felt better.

After that I wore a crash helmet. The next few weeks it was fine. Flo never got hurt. We both learnt how to sail and had a really fun time.

The trainers were great and the other children in our group were fun to mess around with. Sally helped me a lot with tying knots. And also thanks to Georgina the bacon sandwiches were super. (I miss them)

My sail training was great!

By BETH (Dunn)